

ADVERTISEMENT

Jenny Craig
Type 2



If you have Type 2 diabetes losing weight is important!

Join Jenny Craig Type 2 & Lose
20 lbs. for \$20!*

GET DETAILS ▶

*Plus the cost of food

USA WEEKEND

Find what you are looking for ...

Search

SPONSORED BY:



MAIN ENTERTAINMENT HEALTH FOOD HOME LIFE & STYLE MONEY TRAVEL GAMES BLOGS EVENTS WIN! PHOTO GALLERIES CONTACT



Comment, Blog & Share Photos

Log in | Become a member | Search people



POWERED BY USAWEEKEND Magazine & more than **700 Local Newspapers** across the country!

Choosing knives

LISA JAFFE HUBBELL • APRIL 26, 2009

Comments(0) Recommend Print this page E-mail this article Share ? Type Size A A A

- 1. Acquire the basics.** A paring knife and a chef's knife can handle almost any job, says chef Peter Hertzmann, author of "Knife Skills Illustrated." A paring knife can peel onions, bone chicken or cut leaves from chard stems, while a chef's knife can slice and dice.
- 2. Take them for a test drive.** Most knife stores and kitchen shops will let you use a knife before you purchase it, says Kimberley Davis, a former corporate chef at kitchen retailer Sur La Table. At the very least, hold the knife in your hand to make sure that it feels right to you.
- 3. Price matters.** A good knife can be costly, but consider it a lifetime investment. If it is taken care of, it can become an "heirloom." That means washing and drying it by hand, plus sharpening it when needed with a steel sharpener.
- 4. Store it properly.** Don't throw it in a drawer with loose cutlery, which can damage or dull the edge. Either store the knife on a magnetic strip or cover it with a protective sleeve before putting it in a drawer.
- 5. Know the knife's limits.** Ceramic knives, for instance, can break if dropped. And using knives on a glass



ADVERTISEMENT

ADD and ADHD Guide

parenting.com

Is it normal, or is it ADHD?

How to know and how to



cutting board may dull them.

In Your Voice | [READ REACTIONS TO THIS STORY](#)

Hide Comments ▲

Newest first ▼

POWERED BY 

You must be logged in to leave a comment. [Login](#) | [Register](#)

1000 characters left

Submit

HOW TO KNOW AND HOW TO
help your child »



Brooke Slezak

- ▶ [Famous People with ADHD](#)
- ▶ [ADHD Tips From Teachers](#)
- ▶ [ADHD or Immaturity?](#)
- ▶ [Is ADHD Overdiagnosed?](#)

[Go to parenting.com for more ADHD info »](#)

More Home Headlines

- ▶ [Rules of the game \(1\)](#)
- ▶ [The ups and downs of sleeping with Rover](#)
- ▶ [Try these foods to put her in the mood](#)
- ▶ [Paying it forward pays off](#)
- ▶ [Mother's Day Poll \(41\)](#)
- ▶ [America's mom-in-chief, Michelle Obama \(2\)](#)
- ▶ [Sarah Palin welcomes you into her home \(124\)](#)
- ▶ [Tout your yard sale](#)

ADS BY PULSE 360

[Get Listed Here](#)

All-Time Favorites



10 most beautiful places in America

America has so many beautiful sights, but we gave it our best shot at picking the top 10. Which is your favorite?



Great granola!

Check out one of the top granola recipes on the web. This master recipe also features eight variations on flavoring to mix things up.

ADVERTISEMENT



Click here for more tips
[fight global warming.com](http://fightglobalwarming.com)



e
ENVIRONMENTAL DEFENSE
finding the ways that work

[Main](#) | [Entertainment](#) | [Health](#) | [Food](#) | [Home](#) | [Life & Style](#) | [Money](#) | [Travel](#) | [Games](#) | [Blogs](#) | [Events](#) | [WIN!](#) | [Photo Galleries](#) | [Contact](#) | [Site Map](#)

Copyright ©2010 USA WEEKEND Magazine. All rights reserved.

A Gannett Co. Inc. property.

Use of this site signifies your agreement to the [Terms of Service](#) and [Privacy Policy](#) , updated March 2009.